



The Wheelbarrow

The Bulletin of the North Stockton Rotary Club

Meeting Tuesday at noon at the Stockton Hilton

2024-2025



Upcoming Speakers

10/15/24	Garrett Bridges	UOP Basketball Asst. Coach	Stockton Hilton
10/22/24	Wine tasting at McDonald's	5:30 PM, everyone bring hors 'oeuvres	4212 Tsushima Ct Brookside
10/29/24	David Madura	Gospel Rescue Mission	Stockton Hilton

News of the Day

Membership chair Tamara Fooy is moving to Reno. They finally got all the permits and sold their house in 2 weeks. We will miss her, she's been a great member.

Andy Chesley update: The kidney removed did contain a cancerous tumor, but it's contained in the kidney and no other treatment will be needed. He would have been here today, but he has an ear infection.

Geez **Andy!**



Michelle Haner: 3 more weeks for the neck brace. She's doing great!

Frosty Gelbke is sporting a beautiful gauze bandage after having a basil cell removed.



Michelle out & about!

Oh Frosty, Ouch!

Evan Stone will be back from his knee replacement this Friday for interviews and at our next

meeting!

Hey, we have more people on the Injured Reserve than the 49ers!!!!

Bill's longtime friend and past NSR member **Larry White** is doing great, living in Utah, outstanding in his field.

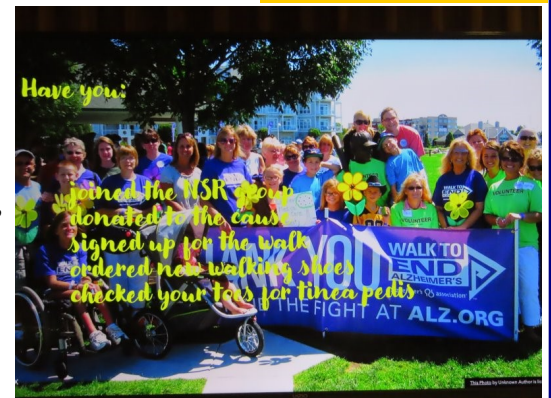
Dictionaries: We have more books, there are still some to be delivered.

Today in History:

1871 The Great Chicago Fire begins

1945 The first patent for the microwave.

1957 Jerry Lee Lewis records "Great Balls of Fire".



RI Foundation Info: Chair **Ray Call** told us "What a Rotary Foundation Benefactor is" and Rotary's signature program, Polio Plus.

WHAT IS A ROTARY FOUNDATION BENEFACTOR?

A Rotary Foundation Benefactor is a person who has notified The Rotary Foundation that they have made provisions in their final estate plans to Rotary for US\$1,000 or more, or who has made an outright gift of US\$1,000 or more to The Rotary Foundation's Endowment. Benefactors receive a certificate and insignia to wear with a Rotary or Paul Harris Fellow pin. They are listed in the Benefactor Report and identified in the Club Recognition Summary.

Clubs with 100% member support of Rotary's Endowment are eligible to request a **Rotary's Promise Club** electronic certificate. Qualifying support may be a commitment for a future gift to The Rotary Foundation in an estate plan or an outright gift of \$1,000 or more to the Endowment.

A US\$1,000 gift to The Rotary Foundation creates a legacy of helping people live better lives around the world. Today there are over 100,000 Benefactors worldwide.

Will you join them by making a gift of \$1,000 to Rotary's Endowment or by leaving a gift to Rotary in your estate?

POLIO PLUS IS A SIGNATURE PROGRAM OF THE ROTARY FOUNDATION

PolioPlus is Rotary's priority program which supports global efforts to eradicate polio. It was launched in 1985, with the help of Dr. Albert Sabin, developer of the oral polio vaccine, as a worldwide program to protect children from the cruel and fatal consequences of polio. In 1988, the World Health Assembly challenged the world to eradicate polio, and since that time, Rotary's efforts, along with partner agencies, including the World Health Organization, UNICEF, the U.S. Centers for Disease Control and Prevention, and governments around the world have achieved a 99 percent reduction in the number of polio cases worldwide.

As of 2018-19, The Rotary Foundation has raised over US\$1.6 billion for polio eradication. By the time the world is certified polio-free, our contributions will make Rotary the largest non-governmental financial contributor to the global polio eradication effort.

You can help end polio by making a gift to the PolioPlus Fund at

North Stockton Rotary Club

Chartered: March 11, 1957

District 5220

Mailing Address: PO Box 7184

Stockton, CA 95267-0184

www.northstocktonrotary.org

facebook.com/northstocktonrotary



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Upcoming Events:

October 15: UOP Basketball, Garrett Bridges, Asst. Coach

October 19: Walk to End Alzheimer's, Wendell Phillips Hall UOP

October 22: Wine Tasting, McDonald's House. Please RSVP to Bill. (209) 639-3194

October 29: David Madura, Gospel Rescue Mission

November 2: Foundation Dinner, Double Tree Hotel, Modesto

November 12: Fingerprinting Day

November 19: Social: Pie Tasting, TBD, bring your own Pie to taste.

November 26: All City Thanksgiving Lunch, Stockton Golf & CC.



Delta Sculling Center's Pat Tirone



Our speaker today was **Pat Tirone** with the **Delta Sculling Center**.

Their goal is to introduce Stockton

to the joy of Sculling, and show a new way to experience the San Joaquin Delta. What is Sculling? Sculling is a form of rowing where each athlete uses two oars, one in each hand. It's performed on narrow boats called sculls, either individually or as a team. Physically, Sculling provides a low-impact, full body workout that improves strength, cardiovascular health, flexibility, and balance.

It's a sport that challenges the whole body while reducing stress on the joints. Mentally, Sculling is often described as meditative, requiring focus and precision. It helps clear the mind, boosts mental clarity and improves overall well-being. Sculling is for all ages, whether you're a teen learning for the first time or an adult looking for a new challenge, it offers a rewarding and sustainable path to



fitness. This year alone we introduced 52 adults to sculling through our fun, hands on Sculling 101 and 2-week sculling program. Our youth outreach has impacted 50 young athletes, trying for the first time. It's a community where everybody belongs. It's diverse, inclusive and ready for growth. Delta Sculling Center is not a rowing club, it's a space for growth, belonging and opportunity. Their Programs are for all ages and abilities. They have inclusive programs for individuals with disabilities and veterans, helping them connect to the water and build confidence. Sculling teaches so much more than just how to row. It's a powerful tool for personal growth and leadership development. They have worked with the kids at Discovery Challenge Academy. Also graduates of these programs are encouraged to return and be the next generation of coaches and mentors. (continued)



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How can you support DSC?

They always need help at the boathouse. You can ride along as a spotter, Move and set up equipment. Yu can learn to row and be a rowing buddy, That's how Jeff Kroll got involved. And there's always equipment repair, carpentry, welding and sewing.

They have applied for grants and it's looking good. They have a sight off of Dad's Point, 23 acres that they would like to buy and build a complete facility.



Serene Delta scene



Pat and Bill, where's Jane Kalfsbeek?

President Bill presented Pat with a \$1000.00 check for the center. He had her sign a children's book and rang the bell at 1:21 pm.



Pat signs a children's book



And Joe is still telling Bill what happened.



ROTARY DIRECT

Rotary's recurring giving program



ROTARY DIRECT SAVES...

- ✓ Time -- Sign up once to give continuous support
- ✓ Money -- Lower administration costs means more money for programs
- ✓ Lives -- Give to The Rotary Foundation to do good in the world

DOING GOOD JUST GOT EASIER!

Enroll online: www.rotary.org/give

OR Mail: Rotary Direct FD420
Rotary International
One Rotary Center
1560 Sherman Avenue
Evanston, IL 60201-3698 USA

OR Fax: +1-847-328-5260

Please call to modify your existing Rotary Direct contributions
Phone: +1-866-976-8279

YES! I INTEND TO GIVE \$1,000 OR MORE ANNUALLY AND WILL JOIN THE PAUL HARRIS SOCIETY.*

YES! I WILL ENROLL IN ROTARY DIRECT.

Name _____

IF YOU ARE A ROTARIAN, PLEASE COMPLETE.

Rotary membership ID _____

Club name _____

Club number _____

Billing address _____

City _____ State/Province _____

Postal code _____ Country _____

Phone _____

Email _____

GIFT DESIGNATION (choose one)

- Annual Fund-SHARE PolioPlus Fund
- Providing Clean Water Fighting Disease
- Supporting Education Saving Mothers and Children
- Promoting Peace Growing Local Economies
- Other _____

RECURRING GIFT AMOUNT (minimum US\$10)

\$25 \$85 \$100 \$250 \$1,000 Other _____

Currency (if not US\$) _____

FREQUENCY

Monthly Quarterly Annually (specify month) _____

CHECKING ACCOUNT, please attach a voided check

Available for U.S. and Canada bank accounts only -- not available online

CREDIT OR DEBIT CARD

Visa MasterCard AmEx Discover

Card number _____

Expiration _____ CVN _____

Signature _____

Contributions are tax deductible where allowed by law. For security purposes, please do not send credit card contributions via email.
*Note: The Paul Harris Society recognizes those who give \$1,000 or more each year to the Annual Fund, PolioPlus Fund, or an approved Foundation grant. Learn more at www.rotary.org/paulharrisociety.

ROTARY PEACE CONFERENCE

Unite for a Better World

January 24-26, 2025

Sonoma Wine Country - Rohnert Park

Learn more and Register: Peace25.org

Rotary
Districts 5130, 5150, 5160, 5170,
5180, 5190, 5220, 5230

World Peace
Conference
2025



"If not now, when?"



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